



**Nurture  
your  
hidden  
potential**

**Accelerate your success with our life changing course**  
**NG Holistic Professionalism for Sustainable Excellence**  
**in the Indian context**



**Nitya Gurukula**  
*The Guru Within*



## Holistic Professionalism for Sustainable Excellence in the Indian Context

Nitya Gurukula's **Holistic Professionalism for Sustainable Excellence** in the Indian context is an experiential workshop for Entrepreneurs, CEOs and Industrialists to create a work-life balance, and develop visions and competencies beyond limitations of self, others and environment. This balance brings strong roots in one's personal life and stimulates professional development that reflects in their organizations.

Holistic Professionalism is Professionalism in totality

- An individual's total self, the different layers of existence in each of us
- Blending and balance of Self, Other and Environment

Nitya Gurukula describes excellence as 'Bettering the Best', and sustainable excellence is the practice of making excellence a way of life, personally, professionally and organizationally. The Indian context is in a cusp phase - polarized between its traditional heritage with its values and beliefs, and Western individualistic, target driven, achievement focused approaches and methods. Nitya Gurukula bridges the difference here with its vision of '**The Guru Within**' based on its approach of '**East West Synthesis**'. It offers possibilities and options to practice "Professionalism for Sustainable Excellence" in daily life.

NG Holistic Professionalism is a transformational workshop wherein participants are facilitated to outline their own brand of 'Professionalism', make their work life more meaningful and help their organization grow and develop. They are guided to draw a plan of action and strategize to make it happen. This is a step to practicing Sustainable Excellence; being the talk and making it happen organizationally.

### Program Highlights:

- Work life balance, Visions & Competencies beyond Limitations
- Rooting & development - Entrepreneurs, CEOs & Industrialists
- Professionalism in totality - Self-Other-Environment blend
- Sustainable Excellence - Bettering the Best
- Excellence as a way of life personally, professionally & organizationally

### NG Holistic Professionalism Outcome:

- Participants outline own brand of Professionalism
- Plan of action & strategies for Sustainable Excellence
- Being the talk and making it happen





## The Lead Team - NG Holistic Professionalism

**Sashi Chandran** is a Psychologist, Counsellor, Educator and Community Worker with expertise in Coaching, Life Skills and Psychology synthesizing various disciplines like Transactional Analysis, Taichi and Yoga. A Teaching and Supervising Transactional Analyst, Sashi's approach is founded on **"The Guru Within"** which is instrumental in guiding one's holistic life experiences. Her Philosophy in people work **East West Synthesis** is vital in the global context today.

**Vyasa Prasad** is a member of the Narayana Gurukula Foundation and a student and disciple of Guru Nitya Chaitanya Yati. His core study is the philosophy of Narayana Guru in living terms. He has a specific interest in alternative lifestyles and unconventional paradigms, which reflect the ever-changing nature of society. Vyasa Prasad is also keen to develop norms keeping human happiness as the central value in life. In this endeavor, every aspect of human achievement in the spheres of science, philosophy, and the arts are taken into consideration.

**Nancy Yeilding(USA)** is a business and personal coach creating what matters most. She has an experience of twelve years in coaching individuals and business owners through the process of clarifying and achieving their personal and business goals, dynamically and creatively. She also had twenty years of business experience.

**NG Holistic Professionalism** is a blend of different disciplines, approaches and methodologies based on the common theme of **Sustainable Excellence in the Indian Context**.

### Transformational strategies and methods to invoke Sustainable Excellence:

- Lecture Presentations-Lead Team
- Inquiry, Reflections & Sharing – Participants & Lead Team
- Workgroup Dialogue- Participants
- Self-Reflection, Building an Excellence Model for Self & Organization – Participants guided by Lead Team & Nitya Gurukula Facilitators
- Nitya Gurukula's body-mind-spirit connectivity experiences- guided by NG Facilitators

***"Excellence is the unlimited ability to improve the quality of what you have to offer. "***

*- Rick Pitino*

Come empower the leader in you with our life changing course.

**NG Holistic Professionalism**

**Dates : 15th & 16th February 2014**

**Time : 10 am to 5 pm**

**Venue : Tango I, The Taj Surya**



Embrace your unlimited potential for excellence with  
our transformative leadership programs.

---

**Fee Structure:**

- 1st Jan to 25th Jan - Rs. 15000 + Service Tax
- 25th Jan to 5th Feb - Rs. 18000 + Service tax

For registrations contact

Ms. Shylaja: +91 994 470 8267, Ms. Jothi: +91 994 461 7220

**Registration closes on 5th Feb.**

---



**Nitya Gurukula**  
*The Guru Within*

Nitya Gurukula, 'Devi Durai', 53-54, Sri Lakshmi Nagar, Sowripalayam, Coimbatore - 641028  
E-mail: [admin@nityagurukula.org](mailto:admin@nityagurukula.org), Mobile: +91 99449 12307, Website: [www.nityagurukula.org](http://www.nityagurukula.org)